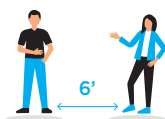


# COVID RESPONSE PLAN



## KEEP DISTANCE

MAINTAIN 6 FEET OF DISTANCE WHENEVER POSSIBLE.



## MASKS REQUIRED

AGES 6+ COVER NOSE & MOUTH WHEN INSIDE BUILDING.



## FOOD LIMITED

FOOD SERVICE LIMITED TO TRAINED HOSPITALITY. NO POTLUCK. PERSONAL FOOD/BEVERAGE OK.



## CLEANING

WE COMPLETE ENHANCED CLEANING PROCEDURES BETWEEN GATHERINGS.

# COVID-19 SCREENING POLICY



## READY TO PARTICIPATE!

If you are not experiencing symptoms, and you and your household have no Covid exposure or positive test results within the last 10 days, you can participate in Constance Ministries.



## WAIT!

If you've recently been exposed to someone with Covid/Covid-like symptoms, or you have tested positive for Covid, **all members of your household** should stay home from Constance ministries.

*The Minnesota Department of Health guidance on quarantine procedures are reflected below.*

### WHEN TO RETURN TO CONSTANCE MINISTRIES:

- If you have Covid/Covid-like symptoms, wait 10 DAYS after onset of symptoms AND UNTIL you feel better.** (Cough, shortness of breath, or other symptoms are better, and no fever for at least 24 hours without medication.)
- If someone in your home has Covid, wait 14 DAYS before participating in Constance Ministries.**
- You may return 10 DAYS after exposure** as long as no one in your home has Covid, you don't have any symptoms, and you haven't tested positive. Watch for symptoms that might develop.



- You may return as soon as 7 DAYS after exposure only if you get tested for Covid on day 5 or later, your results are negative, you do not have any symptoms, & no one in your home has Covid.**



*Your continued cooperation has helped us prevent the spread of Covid during Constance Ministries over these past months. Thank you!*



## COVID IMMUNITY

If you have recovered from COVID within the past 3 months or had a vaccination more than 14-days prior to exposure and have no COVID symptoms, you do not have to quarantine and wait to participate in Constance ministries.

## DEFINITIONS:

### EXPOSURE:

If you have recently been around someone who currently has or may have Covid (within 6 feet for at least 15 minutes total), please stay home.

**PLEASE NOTE:** An entire gathering may not be considered exposed to an infected person. If exposure to Covid has been determined within a recent cluster meeting at Constance, people in that cluster will be notified.

### 1 Of These Symptoms:

- Fever (+100.0)
- New or Worsening Cough
- Difficulty breathing
- New loss of taste or smell

-OR-

### 2 Or More Of These Symptoms:

- Sore throat
- Nausea
- Vomiting
- Diarrhea
- Chills
- Muscle Pain
- Extreme fatigue/very tired
- New severe/bad headache
- New stuffy/runny nose



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*Please Note: There is a possibility of contracting COVID-19 while attending Constance activities. Constance Free Church is taking necessary steps to reduce the risk of exposure to the COVID-19 virus and to protect those attending our ministries. However, we cannot guarantee anyone will be prevented from contracting COVID.*